

Megan Anna Neff

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Education

Doctor of Psychology, Clinical Psychology George Fox University	2021
Clinical Psychology, MA George Fox University	2018
Masters of Divinity Princeton Theological Seminary	2009
Bachelor of Arts, Sociology Wheaton College	2006

Clinical Experience

Neurodivergent Insights, LLC — Founder & Educator

2021-Present | Multi-platform Neurodiversity Advocacy & Education

- Spearhead a comprehensive suite of educational services tailored to neurodivergent adults and professionals seeking neurodivergence-affirming practices.
- Cultivate an extensive digital footprint with over 180,000 followers across various social media platforms, amplifying neurodivergent voices and insights.
- Develop and distribute workbooks and digital resources, empowering neurodivergent people with tools for self-understanding and advocacy.
- Deliver training programs for organizations, including workplaces, clinics, and nonprofits, to foster environments that are inclusive and supportive of neurodiversity.

Formative Insights Consulting, LLC — Psychotherapist & Consultant

2021-2024 | Private Practice, Portland, Oregon

- Provided long-term, neurodivergence-affirming psychotherapy, supporting clients with empathy and specialized insights.
- Conducted neurodivergent-affirming assessments for autism and ADHD, contributing to accurate and empathetic diagnosis.
- Consulted with mental health professionals, sharing expertise on creating supportive therapeutic environments for neurodivergent clients.

George Fox-Providence Consortium — Psychology Intern

2020-2021 | Newberg, Oregon

- Delivered a range of therapeutic services, including both short-term and long-term counseling, addressing a variety of client needs.
- Administered and interpreted over 50 personality assessments, providing valuable feedback for academic and personal development.
- Evaluated the implementation of the Factor-5 personality framework in higher education settings, enhancing student support services.

Behavioral Health Practicum Student

2019-2020 | Providence Oncology, Newberg, Oregon

- Pioneered behavioral health protocols in a new clinic, setting the standard for patient care in oncology settings.
- Provided integrated behavioral health care, playing a pivotal role in the multidisciplinary support for oncology patients.

Publications

Books and Book Chapters

- *In Preparation*: Neff, M.A. - "AuDHD Unlocked" | Hachette Book Group
- 2025: Neff, M.A. - "Autistic Burnout" | Simon and Schuster
- 2024: Neff, M.A. - "Self-Care for Autistic People" | Simon and Schuster
- **Neff, Megan A.**, Cassandra D. Page, Richard G. Cowden, Daryl J. Waters, and Victor Counted. "Racial Justice Protests Create Spaces of Hope and Healing: The Racialization of Space and Trauma in Contexts of Racial Tensions." In *Place, Spirituality, and Well-Being: A Global and Multidisciplinary Approach*, pp. 69-85. Cham: Springer International Publishing, 2023.
- McMinn, M. R., **Neff, M. A.**, Snow, K. N., & Schollars, N. (2021). Counseling and Psychotherapy Within and Across Faith Traditions. In *The Oxford handbook of psychology and spirituality*, 364.

Peer-Reviewed Journal Publications

- 2023: Neff, M.A. - "Barriers to Recognition—The Third and Inter-Neuro Communication Breakdown" | Journal of Psychology & Christianity
- 2022: Neff, M.A., et al. - "Religion, Migration, and the New African Diaspora: A Psychological Perspective" | Journal for the Academic Study of Religion